

March 10, 2020

Dear Parents & Guardians,

With the most recent news of the Novel Corona (COVID 19) virus, Chancellor Academy wanted to provide parents with resources in the event that their child is sick or has fear/questions about the virus. Chancellor Academy staff will continue to help support students in their efforts to protect themselves and to manage any anxiety they may have in regards to the virus.

Chancellor Academy will continue to monitor and follow the guidance that is provided to us by the Centers for Disease Control and Prevention (CDC), New Jersey Department of Education, New Jersey Department of Health, and our local health departments.

Chancellor will proceed with caution and reason, to exercise proper hygiene, to follow the guidance of our public health officials, to stay home when ill, and to uphold the values of our school community.

As the CDC recommends, practicing good hygiene is the best way to prevent illness. Additional information is readily available through the [CDC's website](#).

Please see the attached links for articles from the Child Mind Institute titled [Helping Children Cope with Frightening News](#) and [Talking to Your Kids About Corona Virus](#).

In the event of a closure, counselors will be checking their emails regularly during school hours (8:00am-2:00pm) to continue to be available to support parents, students, and Child Study Teams. Phone check-ins can be scheduled when necessary and deemed appropriate. *Please note that in the event of health and safety concerns the proper crisis intervention channels will be implemented.*

The following are a list of referral links in the event students require assistance:

[Emergency Psychiatric Screening](#)

[NJ Mental Health Resources](#)

Hotlines & Helplines:

SUICIDE PREVENTION HOTLINES

NJ HOPELINE

1-855-654-6735

www.njheline.com

NATIONAL SUICIDE PREVENTION LIFELINE

1-800-273-TALK (8255)

www.suicidepreventionlifeline.org

DEPARTMENT of CHILDREN and FAMILIES (DCF) HOTLINES

CHILD ABUSE/NEGLECT HOTLINE

1-877-NJ ABUSE (652-2873)

1-800-835-5510 (TTY)

24 hours a day – 7 days a week

Any person having reasonable cause to believe that a child has been abused or neglected has a legal responsibility to report it to the Division of Youth and Family Services (DYFS). DYFS is mandated to investigate all reports of child abuse and neglect.

FAMILY HELPLINE

1-800-THE-KIDS (843-5437)

24 hours a day – 7 days a week

If you're feeling stressed out, call the Family Helpline and work through your frustrations before a crisis occurs. You'll speak to sensitive, trained volunteers of Parents Anonymous who provide empathic listening about parenting and refer you to resources in your community.

2NDFLOOR YOUTH HELPLINE

1-888-222-2228

www.2ndfloor.org

24 hours a day – 7 days a week

This is a youth helpline serving all youth and young adults in New Jersey. Youth who call are assisted with their daily life challenges by professional staff and trained volunteers. Anonymity and confidentiality are assured except in life-threatening situations.

ADDICTIONS SERVICES HOTLINE OF NJ

1-844-276-2777

CHILD SUPPORT HOTLINE

1-877-NJ KIDS1 (1-877-655-4371)

DISASTER MENTAL HEALTH

1-877-294-HELP (1-877-294-4357)

1-877-294-4356 TTY (voice callers use 7-1-1 NJ Relay)

MOM2MOM

877-914-6662

Mom2Mom.us.com

Mom2Mom is a 24 hour, 7 day a week helpline coordinated by Rutgers University Behavioral Health Care (UBHC). The helpline features peer support, telephone assessments, a network of referral services and support groups.

NJ DISASTER MENTAL HEALTH HELPLINE

1-877-294-HELP

(1-877-294-4357)

1-877-294-4356 TTY

(voice callers use 7-1-1 NJ Relay)

NJ FAMILYCARE

1-800-701-0710

1-800-701-0720 TTY

Thank you in advance and please contact your child's counselor or administration with any questions or concerns:

Tyler Andreula, M.A., LPC, ACS, MAC, NCC -
School Counselor/Licensed Professional Counselor
(973) 835-4989 x226

Rosa Faria-Flosa, MSW, LCSW -
School Social Worker/Licensed Social Worker
(973) 835-4989 x231

Jeanette Fox Bouroult, PsyD - School Psychologist
(973) 835-4989 x227

Jay LaPaglia, M.A., CRC -
School Counselor/Certified Recovery Coach
(973) 835-4989 x235

Jennifer Russak, M.A. - School Counselor
(973) 835-4989 x259

Be well!

Chancellor Academy Counseling Staff